



Ladies Get-A-Way Weekend

Friday	Terrace	Edgewater	Theater	Lakeside East	Lakeside West	Captains	Waterlot	Spa	Fitness	Lakeside Dining RM	Morey	Steamboat	Parlor	Lobby		
7:30										Breakfast Buffet						
8:00				Breath, Stretch, Relax					Circuit Training*						Group Walk	
8:30																
9:00																
9:30	Cooking w/ Elias	Creative Bread*	Bohemian Rhapsody		Mask Decorating*	You Are A Soul Song	Essential Oils*	Open By Appointment	Fitness Center Open		Corn Hole					
10:00																
10:30																
11:00	Strong by Zumba	Mindfulness Meditation		Coach Yourself			Glass Etching & Wooden Signs*						Corn Hole	BINGO		
11:30																
12:00																
12:30												Lunch (\$)				
1:00	Zumba	Gentle Yoga*		When Healthy Food aren't Good for you.		You Are A Soul Song	Essential Oils*						Corn Hole			
1:30																
2:00														Steamboat Lounge Open 12pm-Close \$\$		
2:30	Boot Camp	Flow Yoga*	Oceans 8	Tap & Meditate	Mask Decorating*						Corn Hole					
3:00																
3:30																
4:00	Strong by Zumba				Painting Mugs*						Party Games					
4:30																
5:00																
5:30																
8:00										Dinner Buffet**		Welcome Reception				
8:30			A Star is Born									Trivia by 802 DJ				
9:00																
10:00												DJ Dance Party				

*Limited Class Size ** Reservations Requested