



Ladies Get-A-Way Weekend Agenda



A sneak peek at the fun, creative, and healthy activities scheduled for your special girls weekend! Workshops and times are subject to change; please be sure to pick-up the official schedule and booklet when you arrive.

🌀 Spa and Dinner Reservations can be made starting Wednesday, February 12th at 10am 🌀

	Thursday	Friday	Saturday	Sunday
TIME	7-Mar	8-Mar	9-Mar	10-Mar
7am-11pm	Fitness Center Open	Fitness Center Open	Fitness Center Open	Fitness Center Open
7:30-10:30am		Breakfast Buffet (Lakeside Dining Room)	Breakfast Buffet (Lakeside Dining Room)	Breakfast Buffet (Lakeside Dining Room)
8:00-9:00		ZUMBA (Terrace)	Gentle Yoga (Terrace)	Gentle Yoga (Edgewater)
		Breath/Stretch/Relax (Lakeside East)	Breath/Stretch/Relax (Lakeside East)	Breath/Stretch/Relax (Lakeside East)
		Group Walk (Lobby)	Group Walk (Lobby)	Group Walk (Lobby)
9:00-5:00		SPA Appointments (\$)	SPA Appointments (\$)	
9:30-10:30		Mask Decorating (Waterlot)	ZUMBA (Terrace)	ZUMBA GOLD (Morey)
		Cooking with Elias (Terrace Ballroom)	Flow Yoga (Edgewater)	Flow Yoga (Edgewater)
		Corn Hole Tournament (Morey Room, Upper Deck)	You are a Soul Song (Lakeside East)	
		You are a Soul Song (Captian's Room)	Air Dry Clay* (Captian's Room)	
		Essential Oils (Waterlot)	Mask Decorating (Waterlot)	
			Essential Oils (Waterlot)	
			Corn Hole Tournament (Morey Room, Upper Deck)	
9:30-11:30		Movie: Bohemian Rhapsody	Movie: Crazy Rich Asians	
11:00-12:00		ZUMBA GOLD (Terrace)	Boot Camp (Terrace)	
		Mindfulness Meditation (Edgewater)	Cake Boss (Edgewater)	
		Coach Yourself (Lakeside East)	Coach Yourself (Lakeside East)	
		BINGO (Steamboat)	Paint Mugs (Lakeside West)	
		Glass Etching & Wood Signs (Waterlot)	Air Dry Clay* (Captian's Room)	

	Thursday	Friday	Saturday	Sunday
TIME	7-Mar	8-Mar	9-Mar	10-Mar
		Corn Hole Tournament (Morey Room, Upper Deck)	Glass Etching & Wooden Signs* (Waterlot)	
			Corn Hole Tournament (Morey Room, Upper Deck)	
12:00-2:00		Lunch: Lakeside Dining Room (\$)	Lunch: Lakeside Dining Room (\$)	
12:00		Steamboat Lounge (\$)		
1:00-2:00		Pound Class (Terrace)	ZUMBA (Terrace)	
		Gentle Yoga (Edgewater)	Tap & Meditate (Lakeside East)	
		Photo Frame* (Waterlot)	Air Dry Clay (Captian's Room)	
		Corn Hole Tournament (Morey Room, Upper Deck)	Essential Oils (Waterlot)	
2:00-4:00		When Healthy Foods Aren't Good For You (Lakeside)	Corn Hole Tournament (Morey Room, Upper Deck)	
		Movie: Ocean's 8	Movie: A Simple Favor)	
2:00-3:00			Paint & Sip* (Lakeside West)	
			Mixology (Morey)	
2:30-3:30		Flow Yoga (Edgewater)	Pound (Terrace)	
		Boot Camp (Terrace)	Mindfulness Meditation (Edgewater)	
		Mask Decorating (Lakeside West)	When Healthy Foods Aren't Good (Lakeside East)	
		Sexy Chair Dance (Waterlot)		
		Corn Hole Tournament (Morey Room, Upper Deck)		
3:00	Steamboat Lounge (\$)			
3:00-4:00	BINGO (Steamboat)			
3:00-5:00	Movie (Bernie's Weekend)			
3:30-4:30			Paint & Sip* (Lakeside West)	
			Mixology (Morey)	
3:30-5:30			Gallery Reading w/ Devin (Theater)	
4:00-5:00		ZUMBA (Terrace)		
		Paint Mugs (Lakeside West)		
		Party Games (Morey)		

	Thursday	Friday	Saturday	Sunday
TIME	7-Mar	8-Mar	9-Mar	10-Mar
4:30-5:30	Wooden Signs & Glass Etching* (Waterlot)			
	Mask Decorating (Captain's)			
4:30-8:30			Live Music: Jason Cann (Steamboat)	
5:00		Welcome Reception (Steamboat Lounge)		
5:30-8:30	Dinner (LakeSide Dining Room)**	Dinner Buffet (LakeSide Dining Room)**	Dinner Buffet (LakeSide Dining Room)**	
7:00-10pm	Coloring Contest (Steamboat Lounge)			
8:00-9:00		Trivia 802DJ (Steamboat)		
8:00-10:00	Fire Pit			
8:00-10:00	Movie: Cocktail	Movie: A Star is Born		
8:30-11:00			Masquerade Dance w/ Photo Booth (Morey)	
9:00-11:00		DJ Party (Steamboat)	Movie: Instant Family	
	*Class Size Limited			
	**Reservations are required			