



## **Ladies Get-a-Way Spa Menu**

March 9 – 11, 2018

### **Hours:**

Friday, March 9 - 9:00am – 4:00pm

Saturday, March 10 – 9:00am – 4:00pm

Sunday, March 11 – 9:00am – 10:00am

### **Massage Services:**

**Swedish Massage** – This classic form of full body massage utilizing long fluid strokes, enhances circulation, improves muscle tone, relieves tension and soothes tired muscles.

50 minutes: \$95

**Deep Tissue Massage** – This massage style is directed toward specific areas of tension and imbalance in the muscular system. Deep tissue work uses a variety of firm, direct strokes and techniques to loosen specific areas and increase circulation to keep muscles supple.

50 minutes: \$105

**Aroma Therapy Massage** – Enhance your massage with an evocative scent. Choose from the purest essential oils to customize your experience.

50 minutes: \$100

**Maternity Massage** – Every mom-to-be deserves a nurturing massage. Our massage therapists will take extra care to treat you right. (past 1<sup>st</sup> trimester)

50 minutes: \$95